

Notes on Ancient Olympics

I. Ancient Olympics

- A. How it began.
 - 1. most important religious festival
 - 2. honor god – Zeus
- B. Where it began.
 - 1. city-state of Olympia
 - 2. held every 4 years in late summer
- C. When it began.
 - 1. began in 776 BC
 - 2. lasted until 393 AD
 - 3. stopped for many years because of bribing
- D. Who competed?
 - 1. only nude men competed
 - 2. women were not allowed to compete or attend
- E. What happened there?
 - 1. Events
 - a. Footraces (started the Olympics)
 - b. leaping
 - c. boxing
 - d. wrestling
 - e. discus throwing
 - f. javelin throwing
 - g. chariot races (ended the Olympics)
- F. What did you win?
 - 1. won a sacred olive branch wreath
 - 2. became very famous and honored
 - 3. statues made of them



Attachments

Olympia.asf